## Food Measurements

Breakfasts: Plan on 1.5 servings per person.
Melon: 1 melon per 12 people.
Coffee: 1 pound per 16 people.
1/2 and 1/2: 1 pint per 16 people.
Eggs: 2 per person.
Bread Product: 2 Slices per person.
Meat: 2 slices per person of bacon, sausage, etc.
Lunches: Plan on 1.5 Sandwiches per person
Deli Meat: 4 people per pound
Cheese (sandwiches, condiment, appetizer): 8 people per pound
Tomato (Sandwiches, salad topper, etc): 4 people per 1 tomato
Avocado: same as tomato
Lettuce: 1 head will serve 16 for sandwiches. 1 head will serve approximately 8 for a side salad.
Oranges and Apples: 3 each sliced per 16 people
Chips: 1 bag per lunch approximately 16 people
Dinner Meat: 4 people per pound.
Bread: 7 sandwiches per loaf (usually).
Cookies: 1 package per 12 people (see serving sizes).
Dinner: Plan on 1.5 servings per person.
Salad: per 16 people.
-2 head lettuce
-2 tomato
-1 cucumber
-2 carrot
Grains: See serving sizes on package. If a main course use 1.5 servings per person. If a side (with burritos...) use 1 serving per person.

Meat: 4 people per pound
Bread: 2 slices per person, 1 bun per person

## Dessert:

2 cake or brownie mixes per 12-16 in Dutch Oven: feeds group of 16-24 See serving sizes for other pre made desserts.

