

Whitewater Rafting: Guide School

Equipment List

Equipment Provided

Helmets, lifejackets, dry bags, and group rafting gear.

The first group meal will be Saturday lunch and the final meal will be the following Saturday lunch.

WHAT TO BRING

River Attire (we will be getting in the river every day so be prepared for the cold water)

- Wet suit and splash jacket (college has some) or surfing wetsuit (4/3) or dry suit (college has some, can rent from Sierra Outdoor Center 888-502-7066, Pacific River Supply at 510-223-3675 approx. \$175 for the 8 days, or UC Davis at 530-752-1995).
- Wool, silk or synthetic layer top for under wetsuit
 - one thin and one thick
 - if using drysuit also need bottoms thick and thin
- Wool or neoprene socks
- Tennis shoes, sport sandals work ok but shoes protect your feet better and keep them warmer
- swimsuit for under wetsuit

Optional River Equipment

- Sunglasses (with tie-on)
- Wool hat
- Wool or neoprene gloves
- ball cap (for under helmet)
- corkless whistle (Fox 40 works great)**
- river knife**
- helmet and lifejacket (type IV or V)**
- flip line (locking carabiner and 8+ feet of webbing)**
- splash pants are nice if you are using a wetsuit

**If you don't already own the equipment, wait until after the course to buy it as you will probably learn more about what equipment will work best for you during the school.

Off River Gear

For the overnight trips, each person will receive a dry bag for personal gear. It gets cold at night!!!

- Sleeping bag/pad, tarp/ground cloth
- watch with alarm
- small Tent
- Comfortable warm clothing
- rain jacket and pants
- Underwear, socks
- Extra shoes
- Toiletries including Sunblock/lip balm
- Flashlight
- Warm hat
- Extra plastic bags for wet gear
- separate large bag for storing river gear when driving in vehicles mesh bags work well
- Plastic water bottle with carabiner